The Girl Who Didn't Want to Move

A story about change from **Zillow**











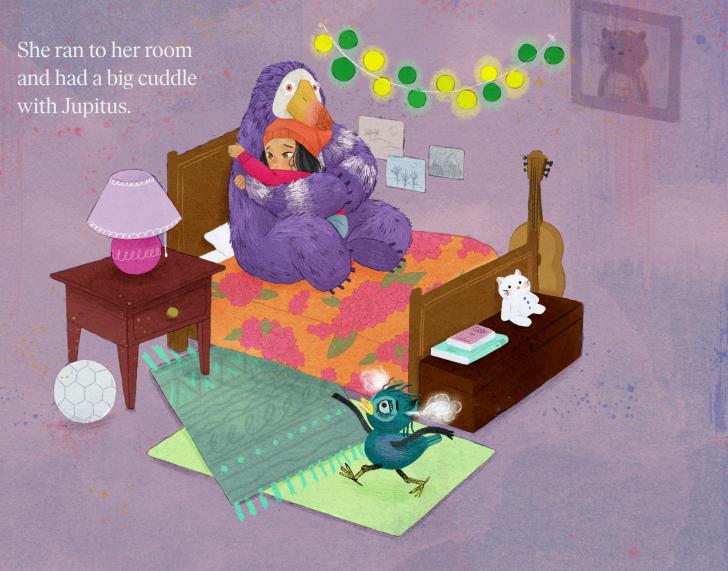












Annika was so nervous about leaving that steam came out of her ears.

Iris had never felt so sad.



The garden had a lot of big rocks for worms to hide under. There were two hoses.
And Mommy said Iris could decorate her bedroom walls however she wanted.

"Even glitter?" Iris asked.

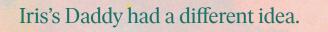
Mommy smiled. "Some glitter."

Iris felt a little better. But it still wasn't her house.









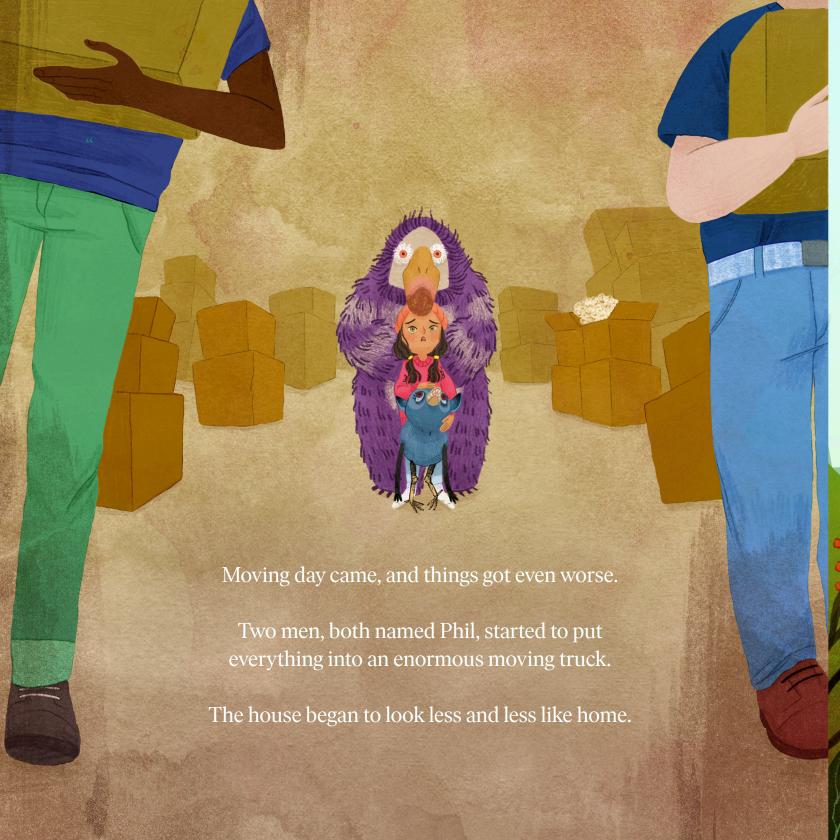
"Let's donate the toys you don't play with to children who need them.

And let's put everything else in the trash.

Including Charlie."







Iris told one of the Phils that the move had been canceled and they should bring everything back inside.

Phil chuckled but kept on packing up the truck.

So Iris went and told the other Phil.

He didn't stop packing either.





They looked at the marks on the kitchen wall that showed how much Iris had grown.

When Mommy saw this she started to cry.

"You don't want to move either!" said Iris.

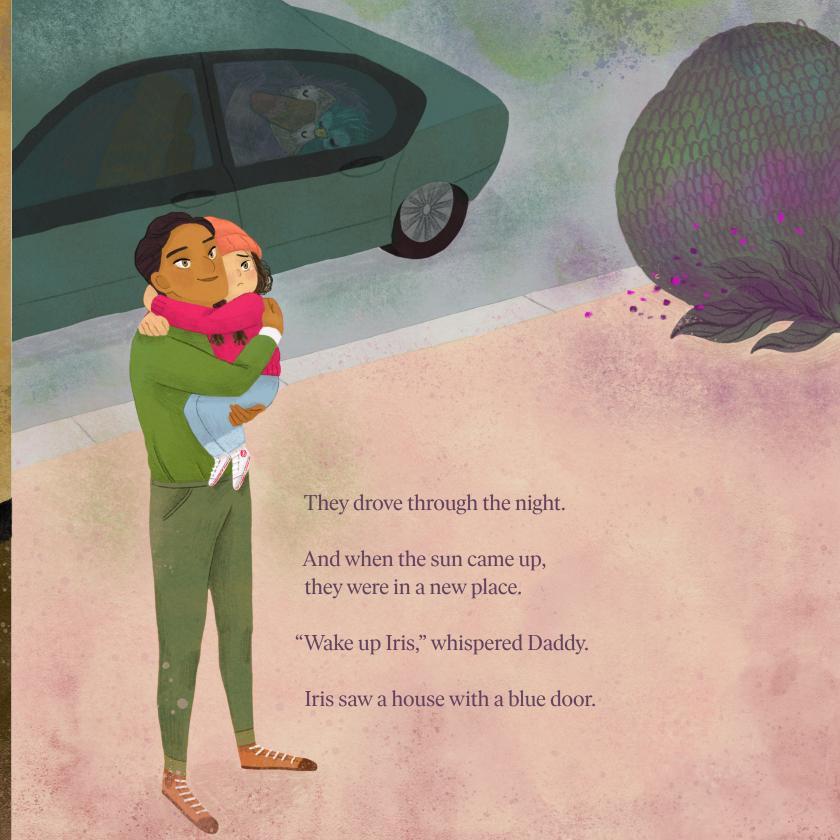


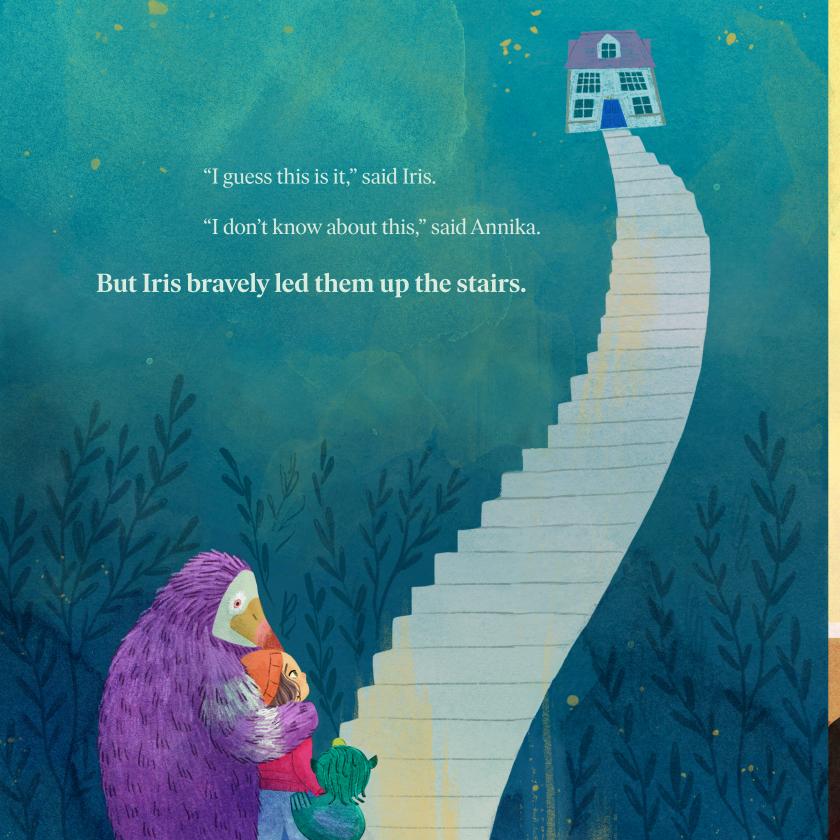
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Her new room was a little bigger,

but it didn't feel like her room.

Then Phil and Phil started to bring all her special things in.



Jupitus and Annika helped her put everything into place and soon it was feeling like Iris's room.

And then, from outside, they heard:

"Hey!"

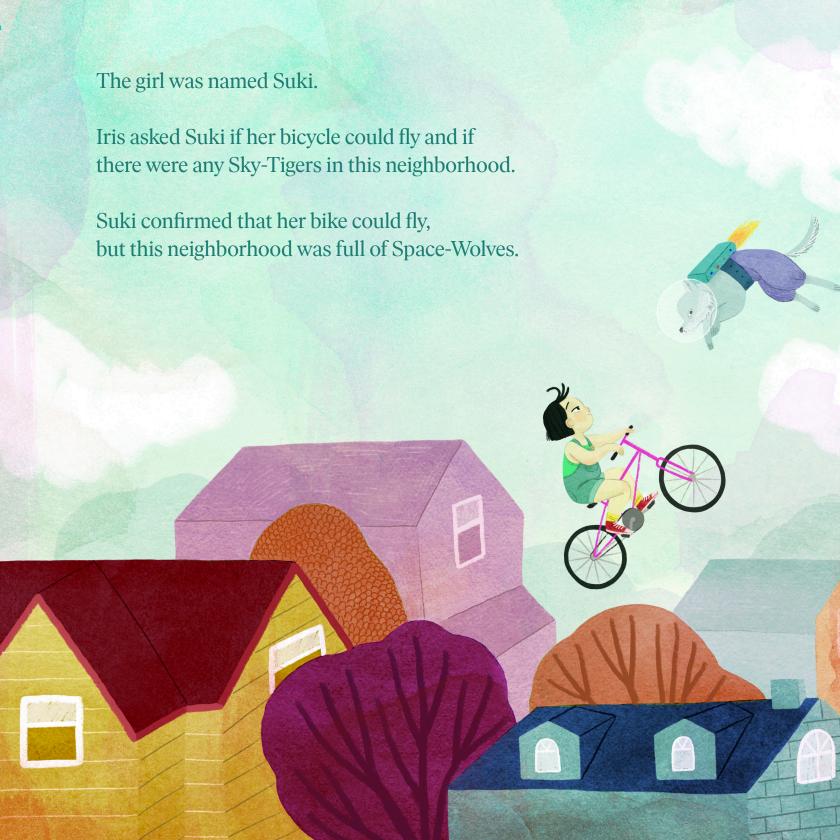


It was a girl on a pink bicycle.

"Wanna come and play?"

Iris wasn't sure. She liked her old friends at her old house. But she went down to meet her.

































Discussion Guide For Parents

As parents, we all have something in common. We want the best for our children. We move to create a better life for our children, to develop connections and to grow as a family.

Having three children myself, I know personally that moving to a new home can be emotional and scary. Yet moving can help build resilience and open new opportunities.

Parents, you can use Iris's story to start a family conversation about your upcoming move. It's a conversation you will want to have as early as possible to give your child a chance to process this big change, and work through the emotions and questions they may have along the way. Remember to actively listen without jumping in to problem solve, validate their emotions and empathize with what your child is exhibiting through each stage of the moving process.

Children have a stronger sense of control over their moving anxiety when they directly participate in moving-related activities. You can take these steps to ensure your family's move is a positive experience. Every one of these tips is an intervention I have applied as a parent myself.

Remember, a new home is the beginning of a new adventure and new memories.

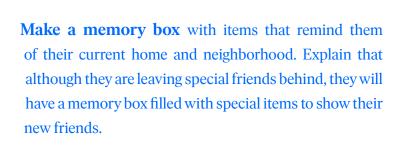
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Share as much information as you can about the new house and new community in a developmentally appropriate way. Children under the age of 10 are concrete learners and would benefit from hands-on materials to help. Use a map to show them where their new home will be, where the closest park is or where their school will be. Look at photos on Zillow and take a 3D Home virtual tour of the new place and surrounding neighborhood. This is especially helpful if your child has not had the opportunity to see your new home yet.

Check in with your own emotions prior to your conversations with your child. Focus on the positive life events, possibilities and new opportunities that could come with the move.

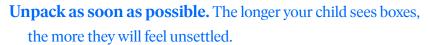


Host a goodbye party for friends. Help your child create a concrete method for how they can all keep in touch by email, writing letters, phone calls or video chat.



Prior to moving day, establish a date for when you will come back and visit friends.

Contact your child's new school before you move. Ask them if they can pair your child up with a buddy. It can be scary trying to make new friends and coming into a classroom that might already be in place.





Give them a sense of belonging and ownership, by having them decorate their room and make it their own.

Consistency is key. Get back to your typical family routine with established bedtimes, family time and mealtimes.

Have a family picnic in your new backyard or patio. Ask your child what new adventures and memories they would like to create in their new home. Some examples are: an obstacle course, scavenger hunt, carving your family name in your tree or creating a family mission statement to hang in your new home.

